Our Regular Prices

Botox: 20 units $129
   40 units $249

Dysport: 60 units $129
   80 units $149
   120 units $249

Xeomin: 20 units $129
   40 units $249

Juvederm XC $350
Juvederm Voluma $500
Kybella $350
Bellafill $350
Belotero $350
Radiesse $350
Restylane* $350
Tanning $75/8 sessions
Tattoo Removal $75/session
Fat Freezing: 1 Session $250
   4 Sessions $900

*Only specific variations of this product are available at this price.
Did you know that we offer over 50 exclusive services? Fillers including Juvederm, Radiesse, Bellafill, Restylane, Belotero, Sculptra can be contoured to enhance, plump or lift any body part! Which body parts? Take a look at our list:

- The Temples
- The Undereyes
- The Apple of The Face
- The Nose
- The Cheeks
- The Jaw
- The Chin
- The Neckline
- The Butt

In our office, dermal fillers cost only $350/syringe.
— Free —

CATALOG OF SERVICES

(973) 493-7607
WWW.MIRZAAESTHETICS.COM
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Mirza Aesthetics™, founded 5 years ago, is designed for your convenience. Prices, hours, offices are all selected to accommodate your needs.

**Offices and Schedule**
We acquired our first office, then another, and a third. Yet, we continued to see the calls pour in, so, we began opening more offices. Thereby, a schedule was born. On our schedule, we rotate our 60 plus offices on an as-needed basis, some more frequently than others.

**Dr. Muhammad Mirza**
Dr. Muhammad Mirza has over 15 years of experience as a physician. He is licensed in Florida, New Jersey, Connecticut, Washington D.C., and New York to practice medicine.

**Discounts**
Being direct partners with Allergan Inc. and one of their top buyers, Mirza Aesthetics™ receives great discounts. Then, we pass those discounts on to our customers, meaning great prices for you! All products offered in our offices are purchased wholesale and legitimately from their manufacturers.

**Patents**
In recent years, Dr. Mirza has designed his own techniques to safely administer injectables. *Standing Technique*, the first, has been approved by the USPTO. The second, *Treatment for Acne Scars*, is still pending.
Office Locations

290 Madison Avenue, 6th Floor
New York City, NY 10017
Monday 10:00 AM - 6:00 PM
Thursday 10:00 AM - 6:00 PM

870 Pompton Avenue, Suite B2
Cedar Grove, NJ 07009
Saturday 2:00 PM - 4:00 PM
Sunday 1:00 PM - 3:00 PM

New York—The 5 Boroughs
788 Southern Blvd, Bronx, NY 10455
1650 Eastern Parkway, 3rd Floor, Brooklyn, NY 11233
84-11 Queens Blvd, 1st Floor, Elmhurst, NY 11373
86-55 Broadway, Suite C4, Elmhurst, NY 11379
440 Audubon Ave, Manhattan, NY 10040
65 Broadway, Suite 906, Manhattan, NY 10006
409 E 14th St, Suite C, Manhattan, NY 10009
30 E 60th St, Suite 208, Manhattan, NY 10022
418 East 71 Street, 6th Floor, Manhattan, NY 10021
219-A E 89th St, Ground Fl, Manhattan, NY 10128
134 Orchard St, Manhattan, NY 10002
123 West 20th Street, Manhattan, NY 10011
1855 Victory Rd, 1st Floor, Staten Island, NY 10314

Connecticut | Florida | Pennsylvania | Washington D.C.
1895 Post Rd, Fairfield, CT 06824
151 Greenwich Ave, 3rd Floor, Greenwich, CT 06830
1201 US Highway-1, Suite 201B, North Palm Beach, FL 33408
636 Lincoln Highway, Unit 17, Fairless Hills, PA 19030
53 N 2nd St, Philadelphia, PA 19106
1712 I St NW, Suite 808, Washington, DC 20006

New York—Upstate and White Plains
636 Plank Rd, Ste 105, Clifton Park, NY 12065
75 Crystal Run Rd, Suite 105, Middletown, NY 10941
6 Gramatan Ave, Suite 203, Mount Vernon, NY 10550
259 South Middletown Rd, Nanuet, NY 10954
95 Church St, Suite 210, White Plains, NY 10601
Continued

New York—Long Island
191A Broadway, Amityville, NY 11701
66 Austin Blvd, Commack, NY 11725
1700 Great Neck Rd, Copiague, NY 11726
997 Montauk Hwy, Copiague, NY 11726
630 Old Country Rd, Garden City, NY 11530
233 Union Ave, Suite 102, Holbrook, NY 11741
8 Elm Street, Huntington, NY 11743
99 Jericho Turnpike, Suite 102, Jericho, NY 11753
184 E Montauk Hwy, Lindenhurst, NY 11757
522 Merrick Rd, Lynbrook, NY 11563
140 Pike St, Mattituck, NY 11952
2154 Merrick Rd, Merrick, NY 11566
39 NY-25A, Mount Sinai, NY 11766,
208 East Main St, Patchogue, NY 11772
1038 Old Country Rd, Plainview, NY 11803
59 Nesconset Highway, Port Jefferson Station, NY 11776
160 Old Country Rd, Riverhead, NY 11901
76 North Village Ave, Rockville Centre, NY 11570
15 Windmill Ln, Suite 200, Southampton, NY 11968
213 Hallock Rd, Suite 4B, Stony Brook, NY 11790
430 West Merrick Rd, Valley Stream, NY 11580
1 Fulton Ave, Suite 8, West Hempstead, NY 11552

New Jersey
14 East 22nd Street, Bayonne, NJ 07002
1814 East Route 70, Suite 350, Cherry Hill, NJ 08007
6 East Main St, Unit 9, Clinton, NJ 08809
1 Heather Dr, East Hanover, NJ 07936
935 River Rd, 1st Floor, Edgewater, NJ 07020
561 US Highway-1, Suite A-9, Edison, NJ 08817
560 Sylvan Ave, Suite 3160, Englewood Cliffs, NJ 07632
16-37 River Rd, Fair Lawn, NJ 07410
851 Franklin Lakes Rd, Suite 33, Franklin Lakes, NJ 07417
2 Marine View Plaza, Suite 5, Hoboken, NJ 07030
1 Journal Square Plaza, Suite 303, Jersey City, NJ 07306
3110 NJ-27, Kendall Park, NJ 08824
166 Route 23, Little Falls, NJ 07424
290 South Livingston Ave, Livingston, NJ 07039
605 Ridge Rd, Lyndhurst, NJ 07071
110 Essex St, Millburn, NJ 07041
4 Maple Ave, 2nd Floor, Morristown, NJ 07960
24 Commerce St, Suite 527, Newark, NJ 07102
680 Kindermack Rd, Suite 101, Oradell, NJ 07649
1 Kalisa Way, Suite 210, Paramus, NJ 07652
601 Ewing St, Suite C3, Princeton, NJ 08540
326 Broad St, Red Bank, NJ 07701
301 Route 17N, Suite 800, Rutherford, NJ 07070
87 West End Ave, Somerville, NJ 08876
12 Bank St, Suite 103, Summit, NJ 07901
555 Passaic Ave, Suite 4, West Caldwell, NJ 07006
336 Westwood Ave, Westwood, NJ 07675

CONTACTING MIRZA AESTHETICS™

The Newest on MirzaAesthetics.com

On our website, you can find articles on varying topics. Including:

• How Does Botox® Work?

• Is Bellafill® The Superior Filler?

• How Can Juvederm® Last So Long?

• Are Xeomin®, Dysport®, and Botox® Different?
The Standing Technique was designed by Dr. Muhammad Mirza for use during injections of cosmetic products.

Why The Standing Technique?
Says Dr. Mirza, “administering a cosmetic [product] while a patient is in a standing position results in greater accuracy in targeting and treating the lines and sagging muscles underlying the undesired anatomic details.”

“Age and gravity are the two worst enemies of perfect skin. Volume loss, bone loss, and gravitational descend are the main effects. However, structural volume loss is the loss of the shape of the face, namely, the volume of the face. As the skin sags and cellulite is erased, once plump facial features may become hollow and unattractive. Harsh sun rays, stress, and much more can cause tensed muscles, which cause volume loss.”

How Does The Standing Technique Work?
In conventional methods of administration of injectables, the patient is seated and reclined, mainly for the comfort of the patient. However, this presents issues for the doctor as the muscles are then relaxed. The result of this relaxation is that the true sagging and hollowness in facial volume are hidden.

What Is The Standing Technique’s Aim?
Continues Dr. Mirza, “Based on body hemodynamics [or, the flow of blood] and kinetic physiology [or, the muscle function], the functional loss and structural volume loss to be addressed by the physician are more pronounced when the patient is standing. That means that sagginess, lines, [and] wrinkles are optimal and most visible.”

Ask Dr. Mirza for More Information

Patent No.: US010272024B1
Issue Date: Apr. 30, 2019
Treatment for Acne Scars

How Treatment for Acne Scar Works

This method of acne scar treatment involves inserting a facial-injection grade needle into the superficial and deep layers of the skin. Acne scarring is the result of an overproduction of cells during wound healing. So, the end product is a raised scar. By manipulating the needle through the various layers of the skin, the scars are broken up.

Is Acne Scar Treatment Right For Me?

We have confidence that this new treatment will benefit many patients who feel sheepish or uncomfortable due to acne scarring. The best way to determine if this treatment is right for you is to discuss your goals, questions, and concerns with Dr. Mirza during a consultation.

Are There Side Effects?

The most common side effects are bruising, redness, or risk of infection at the site of injection.

Ask Dr. Mirza for More Information

Patent No: Pending
◊ Special Programs

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These following pages labeled, Special Programs, include an array of discount services, credit services, and loyalty-rewards programs. Please be sure to note that only some of these programs or consumer services are managed by Mirza Aesthetics™. That is to say, if you are interested in a third-party program, we are more than happy to help you sign-up!
Mirza Loyalty

What To Do: Review Rebate
1. Share with us your feedback. Leave a review of your visit on any one of these sites:
   • Yelp
   • Facebook
   • Twitter
   • Instagram

2. Make sure your review is accepted and posted. Remember to stay helpful in your criticism—it’ll help us improve.

Bring a screenshot of your review on your next visit for $50 off any service or treatment

What To Do: Loyalty Referral
1. Refer a friend
2. Bring your friend on your next visit
3. You each get $50 off your purchase

How The Programs Work
Mirza Aesthetics highly values our loyal customers. You play a vital role in our success. And we sincerely appreciate every review, comment, and referral. If you are one of our existing clients and you bring in a friend who is new to our practice, you’ll both earn 10% off your visit! We’ll even give you 10% off for each friend you bring, for up to five friends! That means a savings of up to 50%!

Terms and Conditions
To receive $50 off, your comment or review must be accepted by the platform on which it was posted. You must bring in a printed or digital screenshot of your accepted posted feedback. If you do not already have one, you may have to open an account to leave a review. Your review may take up to 48 hours to post. Timing will vary per site. All services are non-refundable. Results may vary.

Offer only applicable when you refer a new client. Friend must be present at your appointment with you. You may only bring a maximum of 5 new patients per visit. The savings you earn must be redeemed at the time of visit.

Ask Dr. Mirza for More Information ■

Mirza Aesthetics | January 2020
What Is Mirza Pre-Pay™?
Mirza Pre-Pay™ is a system of payment to be used in any of Dr. Mirza’s offices for any cosmetic procedure. Mirza Pre-Pay™ is a prepaid discounted non-refundable gift card.

How Do I Redeem A Voucher?
1. Purchase a voucher for a set amount in-office
2. Upon your visit, present your voucher
3. The transaction total will be subtracted from the voucher balance
4. Share the voucher with your friends or bring it in with you, and repeat the process

The Fine Print
The balance of the card must be used within two years of purchase. The voucher may be shared with up to two additional individuals and used in multiple locations. Only one printed voucher is permitted per purchase. Only one printed voucher is permitted per group of three friends. Vouchers must be presented on day of treatment. Copied or altered vouchers are not valid. Lost or altered vouchers will not be replaced or refunded.

Why Use Mirza Pre-Pay™?
Many clients appreciate the ease of coming in for a quick visit having prepaid. Avoid the line, pay in advance!

*This program does not serve as minimum essential coverage under the Affordable Care Act or as a substitute for comprehensive health insurance. See mirzaaesthetics.com for more information.*

Ask Dr. Mirza for More Information
The CareCredit® healthcare credit card is accepted at over 200,000 locations nationwide and is designed to help you finance your health, beauty and wellness needs.

With CareCredit®, you can pay for treatments and procedures for you and your family right away and then make convenient monthly payments.

The CareCredit® healthcare credit card is:

- Convenient
- Helpful
- Flexible
- Simple and straightforward

Pay for the treatments or procedures you want, when you want them.

Live better, live well with the CareCredit® healthcare credit card. Apply for your CareCredit® credit card today!

Have more questions? Visit www.carecredit.com to find out more.

Brilliant Distinctions® is the only program that rewards you with instant savings on Allergan facial treatments and products, like Botox®, Juvederm®, and Kybella®. Become a member and earn points for future savings on treatments and products.

Not a Member Yet?
If you are not a Brilliant Distinctions® member, learn more by visiting www.BrilliantDistinctionsProgram.com.
Botox® Party

How Does A Botox® Party Work?
Dr. Mirza will be in attendance to administer injections, safely, in the comfort of your home. You can expect the same careful application and handling as you would receive in an office setting. He will cleanse the treated areas, and administer Botox®, Juvederm®, any fillers, or any treatment of your choice using precise technique and placement.

Who Can Attend?
Botox® parties are available to residents of New York, New Jersey and Connecticut. Attendees are must be at least 18 years of age.

Botox® Parties do not require a minimum number of attendees. Parties must be scheduled in advance are usually held in the evenings. However, details may vary per group. Call or text Dr. Mirza for more information.

Host Your Own Party
As the host of the party, you may choose any conventional method to pay: Check, Visa, AmEx, etc. Though usually, customers prefer to use Mirza Pre-Pay™.

FaceText™

What is FaceText™?
A new way for you to consult with Dr. Mirza remotely. Using photos and live video chat, you can have a consultation with Dr. Mirza.

How Does FaceText™ Work?
A few simple steps:

1. Request a conversation
2. Send a clear photo of yourself.
3. Dr. Mirza will initiate a video/phone chat with you to discuss any concerns you may have

What Are The Benefits of Using FaceText™?
It’s absolutely free, convenient and easy! Chatting with Dr. Mirza is a luxury at your fingertips. Additionally, you can purchase services on our Web site. All from the comfort of your own home!

FaceText™ is not a substitute for a doctor’s visit. You will not receive a diagnosis or treatment for any disease or a prescriptions. An office visit is required in order to receive cosmetic services. Any advice received is not a guarantee of what services and treatments may be administered upon actual day of treatment.

Ask Dr. Mirza for More Information
The Health Management section contains vital services and treatments to help you keep your health in check. Ranging from allergy testing to hair restoration, every service, we feel, is suited to help you be your best self.

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- Hair Restoration — 23
- IV Drips Booster Shots — 22
- Pain Management with Stem Cells — 19
- The HCG Diet — 20
- Vitamin B-12 — 21

Have Any Questions?
Scan the code to visit our site or ask Dr. Mirza at (973) 493-7607

MIRZA AESTHETICS
MIRZA AESTHETICS
DrMirzaAe
MIRZAAESTHETICS.COM
Pain Management with Stem Cells

Why Pain Management with Stem Cells?

Pain is often a result of tissue damage and can be felt in different areas for prolonged periods of time. Most drugs designed to relieve pain have serious side effects and can even be fatal. However, stem cells aim to promote the repair of the damaged tissue, thereby restoring comfort.

How Does The Procedure Work?

Regenerative medicine, such as stem cells, promote the reparative response of dysfunctional or injured tissue. From a sample of your bone marrow, a collection of stem cells is harvested. This procedure requires only a local anesthetic. After that, the stem cells are prepared for injection directly into the area of concern.

Are There Side Effects?

Because stem cells from your body are used, side effects are minimal. The likelihood of the stem cells being rejected is rare. What’s more, adverse side effects are rare.

Allergy Testing

How Does Allergy Testing Work?

Skin tests are fast, painless, and inexpensive. A special applicator makes a scratch on the skin, and a small amount of an allergen penetrates the skin. If you’re allergic, your skin will react and form a small, red mark. With skin testing, multiple allergens can be detected at the same time.

Once your results are in, your physician can prescribe the best treatment for you. A popular course of treatment is allergy shots, also known as immunotherapy. It involves an injection of small amounts of a particular allergen.

Is Allergy Testing Safe?

Allergy testing is safe when performed by a qualified physician. The most common side effects are swelling or itchiness at the test site. In rare cases, a more serious allergic reaction can occur.
Is The HCG Diet Proven To Work?
An injection is the only proven method of taking HCG at this time. HCG injections keep you from losing muscle while you diet. By elevating hormone levels in the body, the HCG hormone creates a muscle-building state which counteracts muscle-breakdown.

The injections and the diet plan are prescribed by your doctor and are only meant to be used by you for as long as you actively participate in the diet. No one else should begin this regimen or consume your prescription. Strict adherence to the regimen upon receipt of the injectables and the diet plan are left up to you, as this is a self-treatment plan.

How Does The HCG Diet Work?
The HCG Diet revolutionizes the way you lose weight! The HCG reduces feelings of hunger. This allows you to eat very little, comfortably. Why? It is believed that the presence of HCG in the bloodstream takes the appetite away. HCG is a pro-hormone, so, it helps the body make more hormones. Since hormone deficiency or imbalance is usually part of the reason for weight gain, this diet can offer tremendous help.
The Wonders of Vitamin B-12

While Vitamin B-12 is naturally present in most food, it’s not always enough. So, it’s commonly added to others and is available as a dietary supplement and a prescription medication. Vitamin B-12 exists in several forms and contains the mineral cobalt. Vitamin B-12 is required for proper red blood cell formation, neurological function and DNA synthesis. Additionally, Vitamin B-12 is often present in the blood of those with higher metabolisms.

Vitamin B-12 In The Body
Vitamin B-12, bound to protein in food, is released by the activity of acid in the stomach. When synthetic vitamin B-12 is added to fortified foods and dietary supplements, it is already in free form. Thus, it does not require a separation step. Free vitamin B-12 combines with a protein secreted by the stomach’s cells, and the resulting complex undergoes absorption by the body.

Intake recommendations for vitamin B-12 and other nutrients are provided in the Dietary Reference Intake Guide developed by the Food and Nutrition Board (FNB). These values, which vary by age and gender, are the general reference used for assessing nutrient intakes of healthy people.

For healthy women 14 years and older, the FNB recommends 2.4mcg Vitamin B12 daily.

What To Do
Since Vitamin B-12 is not always readily available and/or easily absorbed into the body, it can also be taken through injections. Because injections go directly into the blood stream, Vitamin B-12 is absorbed quickly into the body. Injections are administered by your doctor. For other benefits and side effects, talk to your doctor.
IV Drips Booster Shots

Our natural custom infusions:

- Restore energy
- Increase mobility
- Provide anti-aging benefits
- Detoxify the body
- Provide hydration
- Strengthen immunity
- Reduce stress
- Boost metabolism
- Promote weight loss
- Improve athletic performance

Infusion options include:

- Rejuvenate skin, hair, nails
- Platelet-Rich Plasma Therapy
- Joint & Trigger Point Injections
- IM Booster Shots
- Cosmetic Treatments
- IV Drips

Ask Dr. Mirza for More Information

Mirza Aesthetics | January 2020
Are you suffering from hair loss? NeoGraft® is the most minimally invasive procedure for hair transplant. What’s more, your own hair is used, so what you grow is really your hair!

**How NeoGraft® Works**
NeoGraft® is a simple procedure that is both comfortable and convenient. First, hair follicles are removed from a donor area, usually at the back of your head. Follicles of donor hair are extracted individually. Unlike a traditional hair transplant where an incision is made into the skin along the scalp, NeoGraft® leaves the scalp intact. The grafts are then transplanted into the balding or thinning areas of the scalp.

**Why NeoGraft®?**
There are a number of reasons why a NeoGraft® procedure is superior to traditional hair transplant. As mentioned above, hair transplants usually require that a portion of the scalp is removed. The result is a linear scar that is often obvious and embarrassing. With NeoGraft®, there are no incisions, stitches, or staples required. A linear scar is not left behind and you shouldn’t experience numbness at the donor site. Additionally, because the procedure is minimally invasive, recovery is quick.

**Is NeoGraft® Right For Me?**
Good candidates for NeoGraft® are men or women who want to restore their hair without disrupting their lives. Candidates should be in good health and have enough donor hair to transplant into balding areas. It is important to note that while NeoGraft® will restore your hair, it may not be as dense as it was in your teens, so having realistic goals is important. Additionally, NeoGraft® will not stop hair loss, so further sessions may be required. Speak to your doctor to find out more, or visit NeoGraft.com for more information about this exciting procedure.

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What makes the Exclusive Services section so exclusive? Simply put, Dr. Mirza has thoughtfully, carefully, and methodically designed each service or treatment listed herein! That’s over 20 unique procedures! Each trademarked procedure belongs exclusively to Dr. Mirza, while others may be trademark pending or general treatments.
Treatment for Aesthetic Face Loss™

How Does Treatment for Aesthetic Face Loss™ Work?

Treatment for Aesthetic Face Loss™ uses dermal fillers that are injected into the skin to fill out hollow, or sunken cheeks, without the risks of surgery. Fillers stimulate your body to produce collagen, so the benefits continue even after treatment.

Are There Side Effects?

The most common side effects are redness, bruising, or swelling. These side effects are temporary and mild in nature. As with all procedures that involve an injection through the skin, there is a risk of infection. Individual results may vary.

Ask Dr. Mirza for More Information ■

Strategic™ FaceLift

How Does Strategic™ FaceLift Work?

Strategic™ FaceLift uses a selection of dermal fillers in combination with platelet-rich-plasma to contour, fill pockets, and reduce wrinkles. This procedure adds volume to the cheeks, finely reshapes the chin and adds fullness to the surrounding jawline. Juvederm®, a potential filler, minimizes the appearance of deep, eye-area wrinkles, resulting in a revitalized look.

Are There Side Effects?

The most common side effects are redness, bruising, or swelling. These side effects are usually temporary and mild in nature. As with all procedures that involve an injection through the skin, there is a risk of infection.

Is Strategic™ FaceLift Right For Me?

Results may vary. Follow-up sessions may be necessary to maintain desired goals. A consultation with your doctor is necessary to assess whether Strategic™ FaceLift is right for you.

Ask Dr. Mirza for More Information ■
As the name suggests, platelet-rich-plasma from your blood is used to repair damaged or wrinkled skin. Why would you prefer PRP Fillers™ over conventional skin enhancing techniques?

Though stem cell rejuvenation and platelet-rich plasma treatments have existed separately for a while now, there is mounting evidence that shows the benefits of combining these therapies. A synergistic effect exists between the collagen-growth stimulation of PRP and the access to the viable biologic building-blocks of stem cells.

How Does The SP-Shot™ Work?

Blood is first drawn from the body and placed in a centrifuge. Stem cells and platelets are separated from the drawn matter, creating a rich and rejuvenating plasma. This plasma is injected back into the site requiring treatment.

Are There Side Effects?

Unlike other fillers and muscle-relaxers, this is an all-natural injection. So, side effects and potential allergic reactions are almost nonexistent. Still, as with all injections, there is a risk of mild sensitivity, bruising, swelling, and infection.

Why Use PRP Fillers™?

As the name suggests, platelet-rich-plasma from your blood is used to repair damaged or wrinkled skin. Why would you prefer PRP Fillers™ over conventional skin enhancing techniques?

How Do PRP Fillers™ Work?

Platelets are extracted from a blood sample by a centrifuge, then injected into the skin, filling pockets and wrinkles, and adding volume. An additional benefit is how the plasma begins to repair the skin by stimulating collagen production.

Are There Side Effects?

Because PRP is 100% natural, it is safe and there is little to no chance of an allergic reaction. Nevertheless, as with any injection, redness or swelling at the injection site may occur.

Ask Dr. Mirza for More Information
Stem cell therapy aims to promote the repair of skin tissue and rejuvenate the skin’s natural anti-aging component.

**Facial Rejuvenation — with Stem Cells**

**Why Facial Rejuvenation with Stem Cells?**

The stem cells are prepared for injection.

**How Does The Procedure Work?**

From a sample of your bone marrow, a collection of stem cells is harvested. This procedure requires only a local anesthetic. After that, because stem cells from your body are used, side effects are minimal. The likelihood of the stem cells being rejected is rare.

**Non-Surgical Facial Reconstruction**

Non-surgical facial reconstruction is a unique technique using a combination of dermal fillers and PDO Threads. In using this combination any body part can be cosmetically corrected. Consider some benefits of this combination:

- No cutting
- No sutures
- No anesthesia
- No downtime
- Minimal bruising
- Very competitive pricing

The goal of non-surgical reconstruction is to improve appearance and confidence. It is not meant to alter the way you look drastically, but to unearth the most well-rested and refreshed version of you.

**Are There Side Effects?**

Because stem cells from your body are used, side effects are minimal. The likelihood of the stem cells being rejected is rare.

Mirza Aesthetics | January 2020
Triple Combo Lift

Why The Triple Combo Lift?
As we age, our skin loses elasticity. Even further, our lifestyle, our diet, and genetics affect how our skin deteriorates.

What is The Triple Combo Lift?
Kybella melts fat, while PDO Threads lift and tighten the skin. What’s more, a dermal filler is injected to volumize and plump the area.

Are There Any Side Effects?
The most common side effects are redness, bruising, or swelling. These are generally temporary and mild in nature. As with all procedures that involve an injection through the skin, there is a risk of infection.

Strategic™ Touch-Up

What is Strategic™ Touch-Up?
Strategic™ Touch-Up is perfect for anyone who wants a fresh look. Strategic™ Touch-Up offers the combination of a dermal filler and PDO Threads.

How Does Strategic™ Touch-Up Work?
A dermal filler is used to fill in, contour or plump any area needing treatment. In conjunction with the filler, PDO Threads are used to rejuvenate and lift the area. This act of rejuvenating and lifting provides results for up to a year! Minimal downtime is required.

Are There Any Side Effects?
The most common side effects are swelling, tenderness of the area, bruising, firmness, redness, or itching at the site of treatment. As with all procedures that involve an injection through the skin, infection may occur.

Ask Dr. Mirza for More Information ■
Botox® is injected with a fine needle into specific muscles just under the skin. You may notice results within a day or two, but the full effect takes up to 2-3 weeks to show and can last 4-6 months before a repeat treatment is recommended. Because muscle action eventually returns and the wrinkles begin to reappear, you may need to repeat the procedure. As you continue with treatments, you will likely notice that the return of wrinkles or lines becomes less severe over time.

How Does Tractor Forehead Work™?

Are There Side Effects?
The entire process is incredibly quick and requires almost no downtime. There may be minor pain or swelling at the injection site and on rare occasions, headaches. It is best to avoid alcohol starting at least one week before the procedure.

Is Treatment for Tractor Forehead Right For Me?
During a consultation, your physician will determine if Treatment for Tractor Forehead™ is right for you.

Ask Dr. Mirza for More Information
Jaw Definition w/Fillers

What Is Jaw Definition with Fillers?
With the turn of the century came the highlighting of the cheekbones. But now more people are tuning their jawline. How can you define your jawline without drastic surgery?

How Does Jaw Definition with Fillers Work?
Depending on your goals, your doctor will discuss with you how much filler is needed. These dermal fillers will be injected from the base of the ear down to the bottom of the jaw, following the natural L-Shape along the side of your face. Don’t let puffy cheeks hold you back! Let your jawline shine through!

Is Jaw Definition Right For Me?
Only you know what’s right for you. But a consultation with a doctor is necessary to receive these injectable fillers.

Treatment for Smoker’s Lines™

Why Are Smoker’s Lines™ a Problem?
Smoker’s Lines™ are small vertical lines that appear around the lips. Commonly known as “lipstick lines”, these wrinkles are unattractive and unwanted. What is the best way to treat these unsightly lines?

What’s The Solution?
11 Combo™ is a procedure designed to treat the 11 Lines, those vertical lines that appear on the brow as a result of frowning. The same treatment is used effectively to minimize the appearance of Smoker’s Lines™.

Is Treatment for Smoker’s Lines™ Right For You?
A small amount of Botox® is injected into the lip to reduce muscle action. Fillers work to complement the Botox®, and restore volume. Together, they work well for subtle, yet satisfying and long-lasting results.
How Treatment for A Gummy Smile Works
The newest treatment for a gummy smile is a combination of Botox® and Juvederm®. Botox® is a tried and true product for cosmetic and medical concerns.

The leading cause of a gummy smile is over-active lip muscles that pull the upper lip higher when smiling, exposing the gums. An injection of Botox® will reduce muscle activity in the lips, decreasing the amount of visible gum tissue. Juvederm® compliments this muscle relaxation by plumping the area and reducing visibility of the gums.

Are There Side Effects?
As with any treatment involving an injection, there are always some side effects. The most common include swelling, bruising, pain, and muscle weakness. These are usually temporary.

Is Treatment for A Gummy Smile Right for Me?
You should speak with your physician to determine if you are a good candidate for Treatment for A Gummy Smile.

Facial Rejuvenation Triple Combo

What Is Facial Rejuvenation Triple Combo?
Fat transfer removes fat from unwanted area, such as the love handles, to plump areas where volume is needed. The fat is removed via gentle minimally-invasive liposuction and then inserted via injection.

Platelet-rich plasma (PRP) is derived from your blood, making it completely natural. Blood is drawn, centrifuged to separate the plasma, and then administered via injection. It fills in pockets, stimulates collagen production and new tissue growth!
Treatment for Solar Loss™

How Does Treatment for Solar Loss™ Work?
Using a hyaluronic-acid based filler, your doctor will restore volume to the affected area of your face. Because the filler acts like an inflated cushion, it provides support to facial structures and tissues that may have naturally lost volume or elasticity due to aging.

PRP uses your blood, so it's completely natural. When injected, the solution adds volume, thus, filling out wrinkles. Additionally, PRP stimulates your body’s collagen production and tissue growth.

Are There Side Effects?
The most common side effects are redness, bruising, or swelling. These are generally temporary and mild in nature. As with all procedures that involve an injection through the skin, there is a risk of infection.

Is Solar Loss™ Right For Me?
Depending on your exposure to the sun’s harsh rays, the benefits can last up to one year. You may want to re-touch at points to periodically restore facial volume. It’s important to discuss treatment and expectations with your doctor.

Dermal fillers contain hyaluronic acid, naturally found in the body. They add volume to sunken areas and fill out fine lines and wrinkles. The result is smooth and attractive skin.

How Does Facial Rejuvenation Triple Combo Work?
While PRP, fat transfer and fillers can be used independently, when combined, the benefits are outstanding! Transferring fat from the love handles is the conventional method, but, fat can be taken from where ever it’s in excess. Plasma is natural and rarely has any side effects. Lastly, dermal fillers fill-in fine lines and wrinkles to complement the fat transfer and the plasma.
How 11 Combo™ Works
The standard treatment for Glabellar Lines is Botox®. When a combination of Botox® and dermal fillers is used, the results are enhanced. How so? Botox® treats the root problem: it relaxes the muscle that causes wrinkles. When frown lines are especially deep, dermal fillers work in conjunction with Botox® to smoothen superficial lines that remain even when you aren’t frowning.

Are There Side Effects?
As with all procedures that involve an injection through the skin, there is a risk of infection, redness, swelling, or bruising at the injection site. Side effects are usually temporary and mild in nature.

Is 11 Combo™ Right For Me?
11 Combo™ is a simple, minimally-invasive procedure that produces lasting results. To enhance your look and minimize wrinkles, sagging and aging, speak to your doctor about 11 Combo™.

Ask Dr. Mirza for More Information

Treatment for Sunken Eyes™

How Treatment for Sunken Eyes™ Works
Hyaluronic-acid fillers are used because they give consistent volume, without the risks of implants. Depending on your particular needs and his professional opinion, your doctor will select a dermal filler to inject into your under eye or “tear trough” area. These fillers work by restoring volume to the areas that appear hollow and saggy. Filling out your lower eyelid means a smooth, even, and bright appearance!

Are There Side Effects?
All fillers used are FDA approved. However, some side effects are common, including redness, swelling, or bruising at the injection site. These are
Strategic™ Eyebrow Lift

The problem:
As we age, our skin begins to sag. With it goes your eyebrows. They can become lopsided, or even sag too low.

The solution:
To an extent, dermal fillers can create a lateral brow lift. Fillers can equalize the brows if one is lower than the other. What’s more, fillers can laterally raise both eyebrows—no more drooping! Adding volume to the surrounding skin can give them a fuller look.

How Does Strategic™ Eyebrow Lift Work?
Whereas fillers equalize and fill in the brows and surrounding area, threads can provide a needed lift. PDO Threads work to provide traction to the skin. The sagging skin is thereby raised up and concurrently volumized.

First, your goals are discussed. How much can your brows be raised? How much damage can be repaired? Most importantly, is this the best procedure for you?

Second, the filler has to work with you, your needs, and your body. So, the specifics of how well the filler is going to work are addressed.

Third, the threads are inserted to raise the skin. Thereafter, the filler is injected to equalize or fill in the eyebrows and the surrounding area.

Is Treatment for Sunken Eyes™ Right for Me?
Treatment for Sunken Eyes™ is a safe alternative to permanent fillers, which are often inconsistent and can not be easily reversed. You may need future treatments to maintain your desired look. For more information on whether or not Treatment for Sunken Eyes™ is right for you, consult with your physician.
The Bunny Filler™

How the Bunny Filler™ Procedure Works

The Bunny Filler™ procedure uses a medley of Botox® and a dermal filler to treat both deep and superficial lines. Botox® safely relaxes muscles and smoothens wrinkles. Dermal fillers restore volume to superficial lines that can still be seen even when the face is relaxed.

Are There Side Effects?

Botox® and all dermal and facial fillers used in our practice are FDA approved. However, some side effects may occur. These include redness, bruising, pain or swelling at the site of injection. These symptoms are usually mild and temporary. As with all procedures that involve a needle through the skin, there is a risk of infection.

Our Price

One Treatment | $400.00

Ask Dr. Mirza for More Information
The Apple Lift™

What Is the Apple Lift™?
The “apples” of the cheek—the prominent and firm roundness of the cheek—sit at the highest point of the facial muscles just below the eye. As we age, this area is prone to volume loss and sagging, causing an all-around diminished appearance.

How Does the Apple Lift™ Work?
Using Radiesse®, an injectable dermal filler, your physician will very carefully add fullness to the chin and surrounding jawline to achieve the predetermined and desired shape. The benefits of Radiesse® continue by the product naturally stimulating your body's natural collagen production.

Are There Side Effects?
The most common side effects are redness, bruising, or swelling. These side effects generally last for a short time and are mild in nature. As with all procedures that involve an injection through the skin, there is a risk of infection.

Our Price
One Treatment | $400.00

The Chin Drop™

—NONSURGICAL CHIN-SCULPTING AT A REASONABLE PRICE—

What Is The Chin Drop™?
The Chin Drop™ is a nonsurgical chin-sculpting procedure developed by Dr. Muhammad Mirza. Using hyaluronic acid-based fillers, The Chin Drop™ restores fullness to the face and jawline as well as confidence to the individual.

How Does The Chin Drop™ Work?
Using a hyaluronic acid-based filler, your physician will very carefully add fullness to the chin and surrounding jawline to achieve the predetermined and desired shape.

Our Price
One Treatment | $400.00
Strategic™ Nose Job

How Strategic™ Nose Job Works
Strategic™ Nose Job uses an injectable filler placed in strategic areas to hide bumps and contour the face. Potential fillers include, Restylane® and Juvederm®. Your doctor will determine the right filler and how much to use. The injections are relatively painless.

Are There Side Effects?
While Strategic™ Nose Job is minimally-invasive, common side effects are bruising, redness, or swelling at the injection site. As with all procedures that involve injections through the skin, there is a chance of infection.

Is Strategic™ Nose Job Right For Me?
Strategic™ Nose Job is non-surgical, safe, effective, subtle and low-risk. Consult with your doctor to determine if Strategic™ Nose Job is right for you.

Ask Dr. Mirza For Pricing

Nose Perfect™

Filler Procedure for the Nose Triangle™

How Does NosePerfect™ Work?
A prominent ridge in the tip of the nose can be distracting, creating a focal point which pulls the eye away from the rest of the face. Using an injectable dermal filler, your doctor will add a small amount of volume to the nose triangle, reducing the prominence of this ridge. As this ridge is filled in, your nose and face, will have a more complete look.

Are There Side Effects?
The most common side effects are redness, bruising, or swelling. These side effects generally last for a short time and are mild in nature. As with all procedures that involve an injection through the skin, there is a risk of infection.

Our Price
One Treatment | $400.00
Non-Surgical Nose Job

What Are The Benefits of A Non-Surgical Nose Job?
Rhinoplasty surgery leaves patients bruised and disabled for a few days. Liquid rhinoplasty offers similar results without the need to recover, all for a fraction of the cost. This treatment, however, cannot reduce the size or appearance of the nose, but only help reshape it.

A Nose Lift or A Nose Job?
A nose lift is an excellent addition to a non-surgical nose job. Nose lifts involve using dermal fillers to lift the tip of the nose, so it’s not quite as down-turned. Depending on each individual case, your doctor may inject Botox several days prior to the nose lift to reduce the muscle function under the tip. Then, dermal fillers are placed between the medial crura. This technique is similar to that used in a traditional rhinoplasty, where grafts are used to support the tip of the nose. In this case, fillers act as the support.

Are There Side Effects?
Side effects are minimal and may include swelling, redness, pain, bruising, or tenderness. These are rare, typically mild, and temporary.

Is A Non-Surgical Nose Job Right For Me?
It's important to discuss treatment and expectations with your healthcare provider.

Have Any Questions?
Visit our website www.MirzaAesthetics.com or ask Dr. Mirza at (973) 493-7607.

Scan the code to visit our site.
Treatment for Reverse Lips™

How Does Treatment For Reverse Lips™ Work?
By making a selection of hyaluronic fillers that suits your needs best, your doctor will plump your lips. Reverse Lips™, as the name implies, reverses the lip sizes to give the conventional lip look on a larger scale.

Is Treatment For Reverse Lips™ What I Need?
Reverse Lips™ makes the bold statement of big beautiful lips.

Results may vary. However, the benefits are proven to last. You may want to re-touch at points to maintain your look. Because only you know what look is right for you, it’s important to discuss treatment with your doctor. During a consultation, he can determine if treatment for Reverse Lips™ is right for you.

Ask Dr. Mirza For Pricing ■

Treatment for Paper Lips™

How Does Treatment for Paper Lips™ Work?
Depending on the current size and shape of your lips, Dr. Mirza will choose an appropriate filler. Potential fillers include Restalyne® and Juvederm®, designed for subtle enhancement. These fillers are injected into the lips until desired plumpness is achieved. The result is kissable but subtle, sensual but not outrageous lips.

Are There Side Effects?
Being approved by both the FDA and Health Canada, all hyaluronic acid dermal fillers used in our practice are safe. Typically, swelling or bruising may occur on or around the injection site.

Ask Dr. Mirza for Pricing ■
What Is Lusty Lips™?
Lip enhancement is one of many popular minimally-invasive treatments today. Using today’s popular hyaluronic fillers, Dr. Mirza’s Lusty Lips™ procedure makes achieving sexy and desirable lips as simple as an afternoon office visit. Pain is minimal and results are instant.

How Does The Lusty Lips™ Procedure Work?
An injection, or series of injections, will be used to fill out the shape of your lips and plump them up to a reasonably desired size.

Are There Side Effects?
The process can typically be done in a half an hour, depending on your goals. Typically, swelling or bruising may occur.

Our Price
One Treatment | $350.00

How Dermal Fillers for Necklines Wrinkles Works
When Botox® is injected into the muscle, they relax and movement is minimized. Fillers are used to restore volume to superficial lines. As a result, the skin appears smooth and supple.

Are There Side Effects?
Common side effects include bruising, swelling, redness or pain at the injection site.

Are Dermal Fillers for Neck Lines Right for Me?
This is a safe and effective alternative for those who want a youthful neck, without the hefty price tag or risk of surgery. Results may vary. Consult with your doctor to find out more.

Ask Dr. Mirza for Pricing
Strategic™ Nipple Rejuvenation

How Strategic™ Nipple Rejuvenation Works
Doctors are now using injectable fillers to reshape the nipple. Depending on your goals and your doctor's medical opinion, the right filler is selected and injected into the nipple(s). A filler, like Juvederm®, can augment the nipple and can also smoothen it and the surrounding area. Juvederm® is long-lasting, and can provide firmer and perkier nipples for up to two years!

Are There Side Effects?
Some patients report changes in nipple sensation. The most common side effects are bruising, swelling, and redness at the injection site. These are usually temporary and subside shortly thereafter. Because this is such a sensitive area, this treatment is not guaranteed to be pain-free. The most significant risk is vascular occlusion or infection.

If planning to breastfeed, you may want to reconsider nipple injections. The procedure may clog milk ducts which could interfere with nursing.

Is Strategic™ Nipple Rejuvenation Right For Me?
Possibly! Dermal fillers are a great alternative to surgery, and the savings are significant. The results are long-lasting, but they’re not permanent, so changes can be made if desired. Speak with a qualified physician to determine if this procedure is right for you.

Ask Dr. Mirza for Pricing
How Does Treatment for Spider Veins Work?
Sclerotherapy is performed by injecting a saline solution into the vein. The solution causes the blood vessel to shrink by irritating its lining. Eventually, the veins turn into scar tissue and fade away.

Are There Side Effects?
The most common side effects associated with sclerotherapy are changes in pigmentation, which often fade within three to six months. Additionally, larger veins that have been treated may become lumpy and take longer to dissolve and fade.

Strategic™ Breast Lift

How Strategic™ Breast Lift Works
PRP (Platelet Rich Plasma) is used in conjunction with dermal fillers to contour the breasts, increase collagen production, and provide a smooth, shapely appearance.

Are There Side Effects?
Because PRP is derived from your blood, it is natural. Side effects are minimal but can include redness, bruising, or swelling at the injection site. As with all procedures that involve an injection through the skin, there is a risk of infection.

Is Strategic™ Breast Lift Right for Me?
Results are limited in scope based and some goals may not be attainable. Follow-up sessions may be necessary to maintain desired firmness. Still, Strategic™ Breast Lift is a safe alternative to a traditional breast lift.
Strategic™ Beautiful Knees

Any part of your skin which is forced to bend and stretch repeatedly, such as the knees, can become scaly, cracked, and wrinkled. In addition, the knees have to support the weight of your entire body, further exacerbating their condition. This looseness of the skin stems from a loss of elastic fibers, collagen, and muscle mass, which naturally occurs with age.

How Does Strategic™ Beautiful Knee Work?
First, your goals are discussed. To what extent can the wrinkles be erased? How much damage can be repaired? Most importantly, is this the best procedure for you?

Second, in order to choose a filler, the area must be examined to know how much filler is needed.

Third, the filler has to work with you, your needs, and your body.

Fourth, the filler and Botox® are injected to reduce the wrinkles and fine lines.

If you’re really serious about improving the appearance of your knees, get in the habit of exfoliating them regularly. Further, consider Strategic Beautiful Knees.

Are There Side Effects?
All dermal fillers used in our practice are FDA approved. However, some side effects are common, including redness, bruising, pain or swelling at the site of injection. These symptoms are usually mild and temporary. As with all procedures that involve a needle through the skin, there is a risk of infection.

Ask Dr. Mirza for Pricing ■

Have Any Questions?
Scan the code to visit our site. or ask Dr. Mirza at (973) 493-7607.
Fillers For The Calves

What Is Dermal Fillers for the Calves?
Dermal fillers provide excellent results for your face, hands, buttocks, and other areas. So, why not consider them to fill-in your calves as well? These fillers have proven to be successful at restoring volume—and with lasting results.

Are There Side Effects?
All dermal fillers used in our practice are FDA approved. Common side effects include bruising, swelling, redness or pain at the injection site. As with all procedures that involve an injection through the skin, there is a risk of infection.

Are Dermal Fillers for the Calves Right for Me?
Calves are often either the most complained about muscle to build or the most overlooked. The anatomical configuration of the calf muscles resists the act of hypertrophy—yes, by nature they are made to resist muscle synthesis. Talk to your doctor for more information.

Ask Dr. Mirza for Pricing

Treatment for Saggy Butt™

How Treatment for Saggy Butt™ Works
Using an injectable filler, volume is restored. Your doctor will inject the filler into depressed areas, filling dimples and pockets. The end product is a smooth and round butt restored.

Are There Side Effects?
Some side effects are common, such as bruising, redness, swelling or—as is the case with any injection, infection. These side effects are usually temporary and mild in nature.

Ask Dr. Mirza for More Information
Strategic™ Butt Lift

How Does Strategic™ Butt Lift Work?
A selection of dermal fillers is made to achieve greater contour around the buttocks. Dermal fillers can fill pockets and wrinkles, reduce cellulite, and provide a smoother, more shapely appearance to the buttock. Sculptra®, a potential filler, can also stimulate the production of collagen, adding to the desired fullness and firmness. While results may vary, Strategic™ Butt Lift is minimally-invasive and requires no downtime.

Is Strategic™ Butt Lift Right For Me?
A consultation with your doctor is necessary to assess whether Strategic™ Butt Lift is right for you. Results are limited in scope, and some goals may not be attainable. Follow-up sessions may be necessary to maintain desired firmness.

Are There Side Effects?
Some may experience mild pain or swelling when receiving dermal fillers. As with all procedures that involve an injection through the skin, there is a risk of infection.

Ask Dr. Mirza For Pricing

Treatment for Cellulite of The Butt
Cellulite is a condition in which the skin appears to have areas with underlying fat deposits, giving it a dimpled, lumpy appearance.

Causes for Cellulite
- Hormonal Factors
- Genetics
- Diet
- Lifestyle
- Clothing

Cellulite Removal
Treatment for Cellulite of The Butt offers a unique service of removing
PDO Threads  
—For A Butt Lift—

How Do PDO Threads for a Butt Lift Work?
PDO Threads are made from a biodegradable polymer that dissolves in the body. They are used in two different ways:

1. Smooth threads are inserted vertically and horizontally by means of a cannula. The mesh pattern of the threads serves as the foundation for new collagen production.
2. Barbed threads are used to produce immediate and dramatic results. The threads are inserted under the skin and grip the dermis underneath. When these threads are pulled, they tighten the skin from within, resulting in an instant lift and cellulite while plumping the surrounding area. Using dermal fillers, the cellulite dissipates while the void created is filled and the butt is plumped.

Are There Any Side Effects?
Some side effects are common including bruising or swelling at the injection site. As with all procedures that involve an injection through the skin, there is a chance of infection. For more information consult your doctor.

Are PDO Threads for a Butt Lift Right for Me?
There are many advantages to PDO Threads for a Butt Lift.

- They are minimally invasive
- They are performed in several minutes
- They leave no visible scars or cuts
- They stimulate collagen production
- They provide long lasting results
- They require a local anesthetic
- They cause only minimal side effects and pain

Ask Dr. Mirza for More Information
## Cosmetic Procedures

Why have a section titled Cosmetic Procedures? Good question! We offer almost every cosmetic product or aesthetic procedure that’s available on the market. Yes, there are dozens of them! So, take a look and see if any of these interest you.

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What Is Botox®?
Botox® is a popular cosmetic treatment to replenish your youthful features and make you feel renewed. Millions of men and women worldwide enjoy the rejuvenating effects of Botox®.

Looking great dramatically influences self-confidence and everyday social interactions.

How Does Botox® Work?
Botox® is injected with a fine needle into specific muscles just under the skin. Not requiring anesthesia, there is in only minor discomfort, not pain. In general, you may notice results within a day or two, but the full effect takes up to two to three weeks to show and will last four to six months before a repeat treatment is recommended.

Are There Side Effects?
You can return to normal activities the same day but avoid strenuous exercise for the first 24 hours. Do not massage the treated areas as this may result in drooping. There may be minor pain or swelling at the injection site and on rare occasions headaches, which will resolve in 24-48 hours. Avoid alcohol for at least one week before the procedure. Avoid aspirin and anti-inflammatory medications two weeks before treatment to minimize bruising.

Our Price
20 units | $129.00
40 Units | $249.00

Have Any Questions?
Scan the code to visit our site or ask Dr. Mirza at (973) 493-7607
Botox® For Pore Reduction

How Does Micro Botox® Work?
The expansion of pores and other facial aberrations are controlled by small muscles. By means of an injection under the skin, Botox® relaxes these muscles and tightens the skin, resulting in the desired lessening or elimination of large pores. This can most commonly be done along the cheeks, nose and forehead.

Are There Side Effects?
As with all procedures that involve an injection through the skin, there is a risk of infection. Redness, swelling, or bruising at the injection site may occur. These are usually temporary and mild in nature.

Is Micro Botox® Right For Me?
It is recommended to begin the procedure slowly with a conservative amount of Botox® and continue treatment as needed to get the best results. Longer lasting results may require multiple treatments. Results may vary.

Our Price
20 units | $129.00
40 Units | $249.00

Botox® In The Armpits

How Does Botox® for Armpits Work?
Botox® has been FDA approved to treat severe underarm sweating. Sweat glands receive a chemical signal to produce sweat. Botox® works by blocking this signal, reducing the amount of sweat produced. However, the rest of the body, having not received injections, will continue to sweat as usual.

Are There Side Effects?
Common side effects of Botox® may include pain at the injection site, bleeding, itching, and headache. More severe side effects are not common but can occur.
Can Botox® Be Useful In Treatment for Mood and Energy?
Because of the nature of mental health, no one can conclusively assert the exact effects of Botox® on the brain. However, it has been noted by many private studies that Botox® has the capacity to relieve depression to an extent, minimizing symptoms by up to weeks at a time.

While the causes of chronic migraines are still not completely understood, use of Botox® in treatment of chronic migraines has been proven effective.

Is Botox® Right For Me?
If you suffer from any of the health conditions mentioned below or any abstract health condition, don’t hold back from asking your doctor about the latest uses of Botox®. Scientists and doctors are still pressing the boundaries for the use of this prescription. And it’s safe to say that as time continues more uses for Botox® will will be discovered.

What Does Botox® Do?
Botox® is being used to treat the following conditions:
- Mood and Energy
- Depression
- Cervical Dystonia (Neck Spasms)
- Underarm Sweating (Hyperhidrosis)
- Upper Limb Spasticity (Muscle Stiffness in The Wrist, Elbow and Fingers)
- Chronic Migraines
- Overactive Bladder
- Lower Limb Spasticity (Stiffness in the Feet, Toes and Ankle Muscles)

Is Botox® for Armpits Right For Me?
Many patients with hyperhidrosis have found relief with Botox®. Most patients see improvement in four weeks. Still, it’s important to remember that Botox® is not a permanent fix, so continued treatment is necessary.

Ask Dr. Mirza for More Information
**What Is Botox® For The Lips?**
Botox®, when injected into the lips, can minimize creases in the upper and lower lip area, elevate the corners of your mouth, remove marionette lines, or lines that run downward from the corners of your mouth.

Also known as the *Botox® Lip Flip*, Botox® can also enhance the upper lip. How these lip injections affect your lips depends on where they are injected.

**Is Botox® For The Lips Right For Me?**
If you're looking to add volume to your lips, consult your doctor to learn if you’re a candidate for Botox® For The Lips. You can opt for only Botox® or, for Botox® and lip fillers for a more dramatic plumping effect.

**How Does Botox® For The Lips Work?**
Multiple units of Botox® are injected into various areas surrounding the lips. When the muscles relax, your lips will have a chance to bounce back. What’s more, the skin surrounding your lips will appear smoother!

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**Botox® For The Calf**

**How Does Botox® For Calf Reduction Work?**
Botox® is less invasive than surgery, liposuction, or even nerve ablation. But, even better, it can create noticeable and lasting effects! Your doctor will work with you in deciding how much Botox® is needed to meet your goals.

**Is Botox® For Calf Reduction Right For Me?**
Botox® will be carefully injected evenly across the gastrocnemius muscle in your calf. The gastrocnemius muscle is the muscle that is responsible for bulkiness and definition in the calf. Specific results may require additional units.

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Ask Dr. Mirza for Pricing

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Mirza Aesthetics | January 2020
**Botox® Boob Job**

**What Is The Botox® Boob Job?**
Injecting Botox® into the pectoral muscles causes them to relax and places the burden on the shoulder and chest muscles. The effect is the appearance of larger, perkier breasts, with results lasting around six months. For those looking for aesthetic improvement without surgery, Botox® has been the go-to solution for combating wrinkles and other signs of aging. Also known as Breastox, this procedure increases cup size and perkiness.

**What Are The Side Effects?**
Because this is a relatively new procedure, there have not been any reported. The injections are painless, safe, and quick, taking no longer than 30 minutes to perform and leaving no scars behind. Its effects are also instantaneous.

**Ask Dr. Mirza for Pricing**

**Dysport®**

**How Does Dysport® Work?**
Dysport® is a prescription injection that temporarily improves the look of moderate to severe frown lines without changing your face's overall appearance. The untreated facial muscles still work normally, allowing you to freely show facial expressions, such as smiling, in untreated areas.

Frown lines are caused by dynamic muscle movement. Over time, repeated movement of the facial skin by the brow muscles forms lines between the eyebrows. True, age is a factor, but repeated facial movements, such as frowning or squinting, can also create frown lines, which means they may develop even in younger adults. Dysport® works to block the signal from the nerve to the muscles, temporarily preventing contraction of the muscles that cause frown lines. Please note that 60 units of Dysport® is the equivalent of 20 units of Botox®.

**Our Price**
- 60 Units | $129.00
- 80 Units | $150.00
- 120 Units | $249.00
What is Xeomin?
Xeomin® is a prescription medication used in facial aesthetics to temporarily improve the appearance of moderate to severe frown lines between the eyes (glabellar lines) in adults. Xeomin contains botulinum toxin type A, a protein purified from the bacterium Clostridium botulinum, also sometimes referred to as incobotulinumtoxinA.

How Does Xeomin Work?
When you squint or frown, the muscles between your brows contract, causing the skin to furrow and fold. These are dynamic lines. Over time, as your skin ages and loses some of its elasticity, these repeated contractions can cause persistent frown lines.

Our Price
20 Units | $129.00
40 Units | $249.00

What Is Jeuveau™?
Wrinkles — what’s the easiest way to get rid of them? Jeuveau™, new to the cosmetic market may just be the answer!

How Does Jeuveau™ Work?
Jeuveau™, produced by Evolus Inc., is FDA-approved for the cosmetic treatment of moderate to severe wrinkles. Jeuveau™, injected at the site of wrinkles, paralyzes the muscles in the surrounding area, thereby stopping new wrinkles from forming.

By reducing the activity of the muscles, Jeuveau™ can virtually erase signs of aging.

Are There Side Effects?
As with all procedures that involve an injection, there is a risk of infection. Side effects commonly include pain and discomfort at the injection site. These are temporary and mild in nature. Though uncommon, more serious side effects, such as allergic reaction, can occur.
Juvederm Voluma® XC

Juvederm Voluma® XC is groundbreaking as it’s the first and only filler that lasts up to 24 months!

**How Juvederm Voluma® XC Works**

Juvederm Voluma® XC is tailored to add volume. Designed to lift and contour the mid-face! A blend of hyaluronic acids of different weights contributes to the duration of the gel.

**Are There Side Effects?**

Common side effects include redness at the injection-site, swelling, pain, bruising, tenderness, lumps/bumps, discoloration and itching. These side effects are usually mild in nature and subside after a few days. As with all procedures that involve an injection through the skin, there is a risk of infection.

**Is Juvederm Voluma® XC Right For Me?**

Patient satisfaction for Juvederm Voluma® XC is some 90% 6 months after treatment. And, after 2 years? 76% of patients were still satisfied! If you are looking for a treatment that lasts, Juvederm Voluma® XC may be exactly right for you.

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What is Juvederm®?
Juvederm® is an effective and safe dermal filler used to smoothen your skin and return your facial contours to their naturally youthful state. The active ingredient, hyaluronic acid, is a naturally-occurring sugar found in your body.

How Does Juvéderm Work?
Juvéderm® is applied with a fine needle just under the skin. Your doctor will examine your skin and measure the depth of your wrinkles or folds to better discuss the level of treatment that is appropriate for you. The entire process only takes fifteen minutes to an hour, depending on the area being treated. There is also minimal recovery time so you can return to your regular activities the same day.

Are There Side Effects?
A week before your procedure, avoid taking aspirin and other anti-inflammatory drugs which thin the blood. Doing so will reduce the risk of bruising at the injection site. For the first 24 hour after, avoid strenuous physical activities or excessive sun and heat exposure as well as the consumption of alcohol. Some side effects include redness, itching, swelling or bumps.

Our Price
Ultra XC | $350.00
Voluma XC | $500.00

Why Juvéderm Volbella® XC?
Patient satisfaction for Juvéderm Volbella® XC is high. Patients see subtle results that are not overly drastic. To determine if Juvéderm Volbella® XC is right for you, speak with your doctor.

Are There Side Effects?
The most common side effects of Juvéderm Volbella® XC are swelling, tenderness, bruising, firmness, redness, and itching at the site of treatment. Most side effects are mild or moderate and dissipate quickly. As with all procedures that involve an injection through the skin, infection may occur.

Our Price
One Syringe | $350.00
Juvederm Vollure™ XC is unique because it is the first and only filler that lasts up to 18 months!

How Juvederm Vollure™ XC Works
Juvederm Vollure™ XC uses VYCROSS® technology, a blend of hyaluronic acids of different weights, which contributes to the duration of the gel. This unique balance subtly corrects moderate to severe facial lines and folds, especially in the nasolabial folds, oral commissures, and marionette lines.

Are There Side Effects?
Common side effects include redness at the injection-site, swelling, pain, bruising, tenderness, lumps/bumps, discoloration and itching. These side effects are usually mild in nature and subside after a few days. As with all procedures that involve an injection through the skin, there is a risk of infection.

Is Juvederm Vollure™ XC Right For Me?
Patient satisfaction is high for Juvederm Vollure™ XC, nearly 80% of patients who use the product are satisfied. If you are looking for a treatment that lasts, Juvederm Vollure™ XC may be exactly right for you.

Ask Dr. Mirza for Pricing
Dermapen®

How Does Dermapen® Work?
Dermapen® is an automated micro-needling system with a disposable tip cartridge that uses twelve micro-needles to vertically stamp the skin at high speed. This causes micro-injuries to the skin, stimulating new collagen and elastin production. These micro-injuries encourage and harness the body’s innate ability to regrow and repair the skin.

Are There Side Effects?
Generally there is no downtime, but patients may experience facial redness for 12-48 hours after the treatment. Avoid exposure to the sun for two weeks after a Dermapen® treatment, as the skin is extra sensitive. It is highly recommended to regularly use sunscreens. In case the skin develops a crust or a scab, do not pick at it as that may lead to scarring. Avoid smoking as it inhibits collagen production. ■

Our Price
One Full Facial | $150.00

Radiesse®

What Is Radiesse®?
Radiesse® is a dermal filler that temporarily adds volume to help smoothen moderate to severe facial wrinkles and folds, such as nasolabial folds. Radiesse® is injected through a needle and placed under the skin.

How Does Radiesse® Work?
Immediately, Radiesse® works to add volume under the skin. However, the benefits continue by the product stimulating your body’s natural collagen production over time.

Results have been shown to last a year or more in many patients, making the treatment both immediate and long lasting!

Are There Side Effects?
The most common side effects are redness, bruising, or swelling. These side effects are generally temporary and mild in nature. As with all procedures that involve an injection through the skin, there is a risk of infection. ■

Our Price
One Syringe | $400.00
How Does Kybella® Work?
The formula for Kybella® is based off a naturally-occurring molecule in the body that aids in the breakdown and absorption of dietary fat. When injected into subcutaneous fat, this molecule destroys fat cells. Once destroyed, these cells can no longer store fat and, if the desired look is achieved, retreatment is not expected.

During your treatment sessions, the doctor will administer Kybella® into the fat under your chin using multiple injections. Many patients experience visible results in two to four treatment sessions, though, up to six treatment sessions may be required.

Are There Side Effects?
Side effects may include swelling, bruising, pain, numbness, redness, or small areas of firmness. Adverse events are infrequent.

Our Price
One Treatment | $350.00

Kybella® for Fat Pockets

How Treatment for Bra Bulge and Love Handles Works
Kybella® is used to treat submental fat. When injected into the problem area, the deoxycholic acid breaks down and eradicates fat cells. What’s more, once these fat cells are destroyed, they can not continue to store fat!

Are There Side Effects?
The most common side effects include pain, redness, bruising, swelling and redness. These usually occur at the injection site and are temporary.

Ask Dr. Mirza for More Information
Kybella® for Male Breasts

Kybella® for Male Breast Reduction
Enlarged breasts can be an unfortunate side effect of weight gain. The chest contains large deposits of fat that make the pecs look rounded and exercise, though recommended, may not be enough to eliminate these stubborn areas of fat. Kybella® serves a vital role here.

The active ingredient in Kybella® is a naturally-occuring molecule in the body, which aids in the breakdown and absorption of dietary fat. When injected into subcutaneous fat, this molecule destroys fat cells. Once dissolved, these cells can no longer store fat. The result is a flat chest where the pecs can now be defined.

Are There Side Effects?
The most common side effects include swelling, bruising, pain, numbness, redness, or small areas of firmness.

Ask Dr. Mirza for Pricing

Kybella® for The Jowls

Why Kybella for the Jowl?
Sagging of the jowls and thin skin on the neck are two of the most dramatic signs of aging skin.

Sagging is usually most apparent along the jowl line. Conversely, a pool of fat under the chin can also cause sagging and give the appearance of bloating.

During your treatment sessions, your doctor will administer Kybella® into the fat under your chin using multiple injections. You may even experience visible results in two sessions.

Our Price
One Syringe | $350.00
What Is Bellafill®?
Bellafill® is an FDA-approved safe and effective dermal filler. Some of its uses are treatment for acne scars, pores, and smile lines. It treats acne scars by creating firmer, smoother skin, thus diminishing the appearance of scars and producing an overall clearer complexion.

How Does Bellafill® Work?
Bellafill® replaces lost volume in the skin below the wrinkle. The injectable gel is comprised of 80% purified collagen and 20% PMMA (polymethylmethacrylate) microspheres for correction that is immediate and lasting. In clinical studies, efficacy was observed up to twelve months.

Are There Side Effects?
The most common side effects are swelling, bruising, redness, hardening of the skin, pain, altered color or itching. Other side effects that have occurred include headache, swelling of the side of the nose, moderate cold sore, lip numbness, and lip dryness. Side effects are often mild to moderate and often resolve within one week.

Our Price
One Syringe | $399.00

What Is Belotero®?
Belotero® is a prescription injection that is approved to temporarily smooth out and fill in moderate-to-severe nasolabial folds. These are the folds or wrinkles that go from the side of the nose to the corner of the mouth.

How Does Belotero® Work?
Belotero® is a hyaluronic acid injectable filler that completely integrates into the skin tissue. While some fillers are designed to rebuild facial volume and structure, this specifically treats moderate to severe etched-in lines and wrinkles such as vertical lip lines above and around the lips.
What Is Ultherapy®?
Ultherapy® is the only FDA-cleared non-invasive treatment for lifting the skin on the neck, chin and brow. Now, it’s also the only non-invasive treatment specifically to improve lines and wrinkles on the décolletage! Ultherapy® uses focused ultrasound to stimulate collagen deep within the skin, with no downtime required.

How Does Ultherapy® Work?
Ultherapy® uses the body’s own regenerative response to gently and gradually lift skin on the eyebrow, under the chin and on the neck, and smooth lines and wrinkles on the décolletage.

Are There Side Effects?
Side effects may include mild to moderate redness and swelling, discomfort, bruising, nerve damage and scarring. Ultherapy is a non surgical procedure, however, you should anticipate 2-3 days of downtime. You can return to work immediately, however, your skin will look slightly irritated, swollen, and red.

Our Price
Full Facial | $350.00
Chest or Neck | $350.00

Are There Side Effects?
The most common side effects include swelling, bruising, redness, hardening of the skin, pain, altered color or itching. Other side effects include headache, swelling of the side of the nose, moderate cold sore, lip numbness, and lip dryness. Side effects are often mild to moderate and often resolve within days.

Our Price
One Syringe | $350.00
What Is Sculptra® Aesthetic?
Sculptra® Aesthetic provides a natural-looking appearance that is gradual and long-lasting. It replaces lost collagen and restores the look of fullness of facial wrinkles and folds.

How Does Sculptra® Aesthetic Work?
Sculptra® Aesthetic is different from other injectable fillers because it’s gradual and subtle. A full treatment consists of three injection sessions over the duration of a few months, which can vary per patient. Results can last more than two years, depending on your skin type and how well you maintain your skin’s health.

Are There Side Effects?
Side effects include redness, bruising, bleeding, itching, or swelling. Other side effects may include small bumps under the skin that are sometimes noticeable when pressing on the treated area. Larger lumps, with or without inflammation, have also been reported.

Our Price
One Treatment | $399.00

What Is Restylane®?
Restylane® is a crystal clear injectable gel composed of hyaluronic acid, a natural substance that already exists in the body. Restylane® is non animal-based and free from animal protein. Allergy pretesting is not necessary.

How Does Restylane® Work?
Restylane® is injected into the skin with an ultrafine needle to plump the skin to smooth away wrinkles and folds such as the lines from your nose.
Platelet Rich Plasma

What Is PRP Rejuvenation?
Platelet rich plasma (PRP) Facial Rejuvenation is one of the safest and most effective skin enhancing treatments available today. When platelet rich plasma is introduced to wrinkled, scarred or uneven skin tissue, collagen growth is stimulated along with the regeneration of skin tissue, resulting in more youthful, vibrant, healthy-looking skin.

How Does PRP Work?
Platelets and plasma are extracted from a blood sample by a spinning centrifuge. The platelets work to repair damaged or wrinkled skin by producing more collagen. New skin means that fine lines and wrinkles are reduced, along with dark circles and puffiness under the eyes, and uneven or dull skin tone.

Are There Side Effects?
Adverse effects are rare but as with any injection there is always the small risk of infection or injury to nerves or blood vessels. Scar tissue formation and calcification at the injection site are also possible.

Our Price
Full Facial | $399.00

Are There Side Effects?
Side effects may include swelling, redness, pain, bruising, or tenderness. These are typically mild in severity and normally last less than seven days in nasolabial folds and less than 14-18 days in lips.

Ask Dr. Mirza for Pricing
How Does Restylane-L® Work?
Restylane-L® is a crystal clear injectable gel composed of hyaluronic acid, a natural substance that already exists in the body. Restylane-L® is non-animal based and free from animal protein. Allergy pretesting is not necessary. Restylane-L® contains 0.3% lidocaine.

The lidocaine in Restylane-L® has been added to reduce the discomfort associated with the treatment.

How Does Restylane-L® Work?
Restylane-L® is injected into the skin with an ultrafine needle to plump the skin to smooth away wrinkles and folds such as the lines from your nose to the corners of your mouth (nasolabial folds) or into your lips for patients over the age of 21 for lip enhancement.

Why Add Lidocaine to Restylane®?
Lidocaine was added to Restylane-L® to reduce the pain and discomfort during and after injection. In a clinical study, 60 patients received Restylane® on one side of the face and Restylane-L® on the other side of the face. Restylane-L® had an effect on reducing pain. At the time of injection, patients rated their pain about 45 on a scale of 0 to 100 for the side of the face treated with Restylane®.

In comparison, patients rated their pain about 15 on the same scale for the side of the face treated with Restylane-L®. Patients reported less pain on the side of the face treated with Restylane-L® up to 60 minutes after treatment.

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Our Price
One Syringe | $350.00
Restylane® Refyne

What Is Restylane® Refyne?
Restylane® Refyne is a dermal filler injected under the (facial) skin. Once in place, it helps smooth away your “laugh lines” – the wrinkles and folds that may form at the sides of your nose and run down toward the corners of your mouth.

Restylane® Refyne is made out of hyaluronic acid - a naturally occurring sugar, found in the body that gives the skin moisture, volume, and elasticity – and a small amount of lidocaine, which is a commonly used local anesthetic to numb the skin.

Restylane® Refyne is made using a manufacturing process called XpresHAn Technology™, which creates a smooth, injectable gel that can give your skin a natural, soft look.

How Is Restylane® Refyne Used?
Restylane® Refyne is injected into the facial skin through a small needle to smooth facial wrinkles and folds (laugh lines), resulting in a more youthful appearance of the skin. For most patients, the procedure only takes 15 – 30 minutes.

Information sourced from Galderma.com. All rights reserved. Ask Dr. Mirza for pricing.
**Restylane® Defyne**

**What Is Restylane® Defyne For?**

As you age, your facial skin begins to lose its elasticity and volume. As a result, your “laugh lines”, the creases that run from the sides of your nose toward the corners of your mouth, become more pronounced. Restylane® Defyne injectable gel is designed to temporarily help counter this by smoothing out these wrinkles and folds and restoring a natural, soft look to your face. Restylane® Defyne has been shown to maintain this effect for up to 12 months.

Note: Facial features can differ. Speak to your doctor about the lines on your face that are appropriate for treatment with Restylane® Defyne.

**How Is Restylane® Defyne Used?**

Restylane® Defyne is injected into the facial skin through a small needle to smooth facial wrinkles and folds (laugh lines), resulting in a more youthful appearance of the skin. For most patients, the procedure only takes 15 – 30 minutes.

*Information sourced from Galderma.com. All rights reserved. Ask Dr. Mirza for pricing.*

**Restylane® Lyft**

**What is Restylane® Lyft With Lidocaine?**

Restylane® Lyft with Lidocaine is a clear injectable gel composed of hyaluronic acid, a natural substance that already exists in the body. Restylane® Lyft with Lidocaine is non animal-based and free from animal protein. Allergy pretesting is not necessary. Restylane® Lyft with Lidocaine also contains 0.3% lidocaine. The lidocaine in Restylane® Lyft with Lidocaine has been added to reduce the discomfort associated with the treatment.

**How Does Restylane® Lyft with Lidocaine Work?**

Restylane® Lyft with Lidocaine is injected into the skin with an ultrafine needle to plump the skin to smooth away wrinkles and folds, such as laugh lines, and is injected with an ultrafine needle or a small, blunt-tipped
What is Restylane® Silk?
Restylane® Silk is a smooth, clear injectable gel composed of hyaluronic acid (HA). HA is a naturally occurring sugar found in the human body. HA fillers, including Restylane® Silk, contains HA that has been modified to last longer in the body than the naturally occurring HA. Restylane Silk contains 0.3% lidocaine to reduce pain during injection,

Will I Need More Than One Treatment To Achieve The Desired Result?
You should discuss your treatment goals and plan with your doctor. If you are not satisfied with the treatment effect, you may need a touch-up treatment to achieve the desired result.

Will The Results of Treatment Last Forever?
No. While individual results may vary, in the clinical study setting, results lasted up to 6 months in 58 out of 100 people treated with Restylane® Silk. After this, re-treatment may be needed to maintain your desired results.

Information sourced from Galderma.com. All rights reserved. ■

Our Price
One Syringe | $350.00

If you want to increase the fullness of your cheeks, Restylane® Lyft with Lidocaine may also be injected, using an ultrafine needle under the skin to address volume deficiency in the back of the hand. ■

Have Any Questions?
Scan the code to visit our site or ask Dr. Mirza at (973) 493-7607

Our Price
One Syringe | $350.00
How Hand Filler Works
Radiesse® is the first and only FDA-approved product to correct volume loss in hands. While other dermal fillers provide excellent results for your face, Radiesse® has proven to be the most successful at restoring volume in the hands, with the longest lasting results. Based on his medical opinion and your individual needs, your doctor will determine whether Radiesse® is right for you.

About Versa™
Revanesse® Versa™ is a hyaluronic acid filler manufactured by Prollenium. Hyaluronic acid is a naturally occurring substance which is used in many dermal fillers to reduce the appearance of fine lines and wrinkles, such as nasolabial folds.

What Makes Versa™ Different?
The difference between Revanesse® Versa™ and other fillers is the unique formula used. Utilizing advanced wetmilling technology, the particles in Versa™ are characteristically spherical. This spherical shape results in an impeccable balance between volume and smoothness. Additionally, the spherical particles and high-quality acid means that Versa™ lasts longer than other hyaluronic acid fillers and swelling is significantly reduced.

Are There Side Effects?
The most common side effects include bruising, swelling, redness, pain and itching. These are usually temporary and subside after a few days. More serious side effects can include rash, skin lumpiness, skin necrosis, or damage to a nerve or blood vessel. These effects are much less likely. Do not use Versa™ if you are pregnant.

Ask Dr. Mirza for Pricing
**How Does Latisse® Work?**
The process by which Latisse® works is not fully understood. The most common explanation is that Latisse® extends the phase of hair growth, allowing your lashes to grow longer and plentifully. Latisse® is applied along the upper lash line using one of the provided applicators. The serum is automatically distributed along the lower lash line as you blink. If used every night, you should see results in several weeks!

**Are There Side Effects?**
The most common side effects include skin darkening around the lashes, itchy, and red eyes. Apply Latisse® carefully, as it may cause hair growth in other areas. Latisse® can darken the color of your eyes. Although rare, this change in color is likely permanent. Never apply Latisse® to your lower lash line.

**Is Latisse® Right For Me?**
Latisse® is a fantastic solution for those who want longer, fuller lashes. Studies show that participants saw visible results after treatment, with up to 25% increase in lash growth. Latisse® must be used regularly in order to maintain new lash growth.

**Ask Dr. Mirza for More Information**

**Are There Side Effects?**
Some side effects include bruising or swelling at the injection site. As with all procedures that involve an injection through the skin, there is a chance of infection.

**Is it Right For Me?**
Hand Filler is safe, minimally invasive and non surgical. The procedure is relatively painless and is proven to have long lasting results.

**Ask Dr. Mirza for Pricing**
What Is A Silhouette Instalift™?
Silhouette InstaLift™ is a two-fold treatment that uses medical sutures to lift the face and stimulate new collagen production instantly. The procedure uses sutures made from polyglycolide/L-Lactic acid, a polymer that is safe to the body.

After a consultation, and marking your face for correct placement, your doctor will insert the sutures. Afterward, the skin is repositioned to provide an instant lift. Special bi-directional cones on the sutures keep the skin taut. What’s more, Instalift™ stimulates new collagen production, which promotes healthy and youthful skin.

What Makes Silhouette Instalift™ Different?
Thread lifts have become popular in recent years. Silhouette InstaLift™ targets the layers of the skin where aging begins. As a result, InstaLift™ is a superior thread lift.

Are There Side Effects?
Adverse side effects are very minimal. Minor side effects can include swelling, bruising, or pain.

Is A Silhouette Instalift™ Right For Me?
Your doctor is best qualified to help you determine if you are a good candidate. Therefore, a consultation is necessary. Typically, those interested in an Instalift™ are looking for a minimally invasive, non-surgical procedure. The ideal candidate’s skin should not be too saggy or thin.

Our Price
One Thread | $400
How PDO Thread Lifts Work
PDO stands for PolyDioxanOne, a colorless and biodegradable polymer, the same material used to make medical sutures. After a consultation, your doctor will put a cannula in your skin. The PDO Thread is then advanced through the skin using a very fine needle. When the threads are in place, the needle is removed and the threads remain, maintaining the framework for lifted skin.

In time, the PDO Threads will dissolve on their own. Additionally, they stimulate the body’s collagen production, which contributes to youthful and beautiful skin. Currently PDO Thread Lifts are used to correct:

- The Eyebrows
- The Cheeks
- The Chin
- The Breasts
- The Butt
- The Jaw

Are There Side Effects?
As with all procedures that involve an injection through the skin, a PDO Thread Lift poses some risks. The most common being infection, bruising, swelling, and tenderness. PDO Threads are safe and hypoallergenic.

Is a PDO Thread Lift Right for Me?
There are many advantages to a PDO Thread Life. Consider just a few:

- Minimally invasive
- Performed in several minutes
- No visible scars or cuts
- Stimulated collagen production
- Long lasting results
- A local anesthetic
- Minimal side effects and pain

Ask Dr. Mirza For Pricing ▸
A contoured face is something many women try to achieve through makeup. But, sometimes makeup isn’t enough.

How Facial Slimming | Jaw Reduction Works
Injecting Botox® into a muscle causes it to relax and shrink in size. When we use this information and apply it to the masseter (chewing muscle), it causes the muscle to become smaller, and therefore, results in a thinner facial appearance. When combined with facial fillers, which can be used to enhance the cheekbones, you can achieve a contoured look. If you feel your jawline is too masculine, this method can also be used to reduce the jawline for a softer, more feminine appearance.

Are There Side Effects?
All muscle relaxers and dermal fillers used in our office are FDA approved. Common side effects include bruising, swelling, or redness at the injection site. As with all procedures that involve an injection through the skin, there is a chance of infection.

Is Facial Slimming | Jaw Reduction Right for Me?
Facial slimming is a minimally-invasive, non-surgical procedure. So, if you are hesitant to go under the knife, this may be the procedure for you. For more information on whether or not a facial slimming treatment is right for you, please consult with your doctor.

Have Any Questions?
Scan the code to visit our site. or ask Dr. Mirza at (973) 493-7607.
Fillers for Hollow Temples

Why Fillers for Hollow Temples?
The temple is the region on each side of the face between the top of the cheekbone and start of the brow bone next to the eye. Sometimes a loss of volume in the temple region can create an unflattering shadow effect that can contribute to a dark, dreary appearance of the face and eyes. Increased volume in the temples can have a stunning effect on improving the youthful appearance of the face.

How Do Fillers for Hollow Temples Work?
Through the use of dermal fillers, the hollow temples are strategically filled in to highlight the eyes and eliminate unflattering shadowing. Many types of dermal fillers are effective at filling in the temples and the best one will depend on you.

The fillers use a substance that is naturally found in the body, hyaluronic acid, to replace lost volume and contour. Depending on your doctor’s evaluation, you may benefit more from multiple injections.

Are There Any Side Effects?
As with all procedures that involve an injection through the skin, infection is possible. The most common being bruising, swelling, and tenderness.

Ask Dr. Mirza for Pricing
Cosmetic and Sexual Devices — yes, it’s just like it sounds. First, we have an IPL device (it’s shoots light, not lasers). Additionally, we offer fat freezing at an incredible discount! But, most popular is penile rejuvenation. Take a look or peruse our site for more information.

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Have Any Questions?
Visit our website MirzaAesthetics.com or ask Dr. Mirza at (973) 493-7607

Scan the code to visit our site
The Variety of
An IPL Device

What Is IPL Therapy?
IPL—intense pulsed light—devices use light, not lasers, for skin therapy. These devices emit light of various wavelengths that penetrate to the dermis layer of the skin. Pigment cells that are responsible for irregular pigmentation absorb the light energy, significantly reducing unwanted pigmentation on the skin’s surface.

The best part of an IPL device is its portability. This device can go further by providing a number of treatments once thought impossible.

—Freckles
Freckles are the result of overproduction of melanin resulting from stimulation by the sun in the skin. Melanin is a dark brown to black pigment occurring in hair, skin, and iris. It is responsible for the tanning of skin exposed to sunlight. Since IPL treatments break down melanin, it can eliminate unwanted freckles.

—Age Spots and Sun Damage
Age spots—also called liver spots and solar lentigines—are small dark areas on your skin, usually appearing on the face, hands, shoulders, and arms—areas most exposed to the sun. Age spots are common in adults older than 50. IPL treatments can reverse the signs of aging by using heat from the light emitted to destroy the pigment that causes sun damage and age spots.

—Rosacea
Rosacea is a skin condition characterized by redness of the face. It often begins with a tendency to blush or flush more easily than other people. The redness can slowly begin to spread beyond the nose and cheeks to the forehead and chin. Even the ears, chest, and back can appear red. Rosacea can cause more than redness. However, the light emitted by IPL therapy heats blood vessels and capillaries under the skin that cause the skin to flush red. The heat destroys these vessels thereby decreasing the redness.

Ask Dr. Mirza for More Information

Devices | 77
Photofacial Dermatology

How Do Photofacials Work?
Photofacial treatments use pulses of light to treat a variety of skin issues including sun damage, hyperpigmentation, skin discolorations and fine lines.

A photofacial is usually performed with a handheld device that emits pulses of broad-spectrum light. This light penetrates into the deep layers of the skin, where the wavelengths are absorbed by melanin, the source of irregular pigmentation. The light also stimulates the production of collagen, your body’s natural wrinkle remedy.

Are There Side Effects?
Common side effects include swelling, redness, and bruising. Also common are brown spots and flaky skin where a dark spots once existed. These usually fade within a few days. It may take several weeks and multiple treatments to begin seeing significant results. Abnormal complications include changes in pigmentation, burns, or bruising. Speak to your doctor for more information about possible risks.

Ask Dr. Mirza for Pricing

The Year-Round Tan

Get the perfect tan even in Winter! The Sunfire 42C is the standup tanning solution for your needs! With just 10 minutes, you can maximize your tan, with shorter session times! You will love the great results that you’ll get with the 42 Wolff reflector bulbs.

The beautiful tan you’ll have will leave everyone speechless—but no one will know. This tanning bed features airflow technology and a turbo cooling system that helps make your session enjoyable. Come in and see for yourself!

Ask Dr. Mirza for Pricing

Mirza Aesthetics | January 2020
Laser Hair Removal
— With 800 HRV Binary

How Does 800 HRV Binary Work?
The Binary machine comes with two special handpieces that treat different sized-areas using vacuum-assist technology: 22 x 35mm and 10 x 12mm.

The larger the spot size, the greater the depth of penetration and improved absorption at the target hair follicle. It is the only laser with unique technology dedicated to reduce pain and enhance efficacy. Removing your leg and back hair can take as little as 15 minutes!

Hair reduction is permanent in all areas of the body. In addition to being quick and painless, the Binary is even safe and effective for clients with coarse hair and darker skin types.

Are There Side Effects?
The most common side effects of laser hair removal are skin irritation, redness, or swelling at the site of treatment. Laser hair removal may darken or lighten skin, but, pigment changes are often temporary.

Hair reduction is permanent in all areas of the body. In addition to being quick and painless, the Binary is even safe and effective for clients with coarse hair and darker skin types.

Ask Dr. Mirza for More Information ■

Tattoo Removal

How Does Tattoo Removal Work?
Lasers remove tattoos by breaking up the pigment colors with a high-intensity light beam. Black tattoo pigment absorbs all laser wavelengths, making it the easiest color to treat. Other colors can only be treated by selected lasers based upon pigment color.

What About Post-Op Care?
Immediately following the treatment, an ice pack should be used to soothe the treated area. Application of an antibiotic cream or ointment and bandage should be used to protect the area. The treated area should also be covered with sunblock to prevent damage to the wound.

Ask Dr. Mirza for Pricing ■
Fat Freezing
— with Cryeaux

**What is Fat Freezing?**
Fat freezing is one of the leading ways to remove fat without surgery. A Cryeaux machine is used to cool the skin to a level which causes fat cells to freeze. These frozen fat cells disintegrate and then safely leave the body through natural processes.

**Why Cryeaux?**
The Cryeaux machine uses dual channels that greatly reduce the amount of treatment time. It’s special pulsed suction program decreases the risk of bruising and allows the physician to have more control during the procedure. Most importantly, Cryeaux is safe and affordable.

**Are There Side Effects?**
The most common side effects of fat freezing are bruising and soreness which usually subside within a few days.

Ask Dr. Mirza for Pricing ■

Fat Transfer

**How Fat Transfer Works**
Fat is removed from the love handles via gentle liposuction. The extracted fat can then be inserted into other areas of the body via injection. Many clients have the excess fat injected into their breasts, butt, or areas of the face that have lost volume.

**Are There Side Effects?**
Fat transferring is usually considered to be a natural procedure since you’re injecting your own fat into your body instead of a foreign substance. Although rare, effects can include swelling and redness. There is also the possibility that the areas where fat has been transferred to may reabsorb the fat. More serious side effects can include an allergic reaction to the local anaesthetic used or perioperative bleeding. Speak with your doctor for more information.

Ask Dr. Mirza for More Info ■
What Is A Laser?
The word laser is an acronym. LASER stands for Light Amplification by Stimulated Emissions of Radiation. In simpler terms, a laser is a single-wavelength source of high-energy light, which can be accurately focused to transmit that light onto a very small area.

What Does A CO\textsubscript{2} Laser Treat?
Our CO\textsubscript{2} Laser is capable of treating:

- Fine lines and wrinkles
- Loose skin
- Pigmented lesions
- Acne and acne scars
- Itchy skin

How Does A CO\textsubscript{2} Laser Work?
“The laser energy vaporizes and coagulates as it cuts so there is, less bleeding, less bruising and swelling with minimal or no discomfort,” so boasts Rohrer Aesthetics, the manufacturer of the laser, about the laser’s multi-purpose handpiece.

They continue, “in addition the multi-purpose hand piece can be used to vaporize warts skin tags.”

As regards the scanner, they elaborate, “shafts of light penetrate through the epidermis and introduce heat into the sub-dermal layers of the skin. This heat causes skin cells to reproduce more rapidly to heal the injury, thus stimulating collagen.” Collagen, huh?

What Is Collagen?
Collagen is the most abundant protein found in your body. It is the main structural protein found in skin and other connective tissues. Having your body’s collagen stimulated can give you the youthful appearance you want without the surgery you don’t need!

Ask Dr. Mirza for More Information ■
Penile Rejuvenation
—with Stem Cells

Why Penile Rejuvenation with Stem Cells?
Stem cells aim to promote the repair of the damaged penile tissue, thereby restoring sexual function. They are the body’s rawest materials and are found in small numbers in adult bone marrow. They divide to form daughter cells, from which all other cells with specialized functions are generated. No other cell in the body has the natural ability to generate new cell types!

How Does Penile Rejuvenation with Stem Cells Work?
Penile Rejuvenation with Stem Cells is a form of stem cell therapy. This kind of regenerative medicine, promotes the reparative response of dysfunctional or injured tissue. Using a local anesthetic, a sample of the patient’s bone marrow and a collection of stem cells is harvested. After that, the stem cells are prepared for injection directly into the penis.

Are There Side Effects?
Because stem cells from the patient’s body are used, side effects are minimal. The likelihood of the stem cells being rejected is rare.

Ultra Femme 360™

What is The Ultra Femme 360™?
The Ultra Femme 360™ is a device used to treat vaginal laxity, incontinence, and improve sexual enjoyment.

How Does The Ultra Femme 360™ Work?
The Ultra Femme 360™ is an applicator insert to apply radiofrequency to the vaginal area. The applicators come in a variety of sizes to fit every woman’s body. The vaginal tissue is gently warmed, increasing blood flow and tightening the vaginal walls.
**Cellulite Reduction**

**with a Cavitation Vacuum**

**What Does Cellulite Reduction with A Cavitation Vacuum Do?**
Though active and healthy, do you struggle with pockets of unwanted fat? While working out and eating right have helped you get this far, what else can help you achieve your goal? To erase cellulite in a safe way, Mirza Aesthetics™ offers Cellulite Reduction with A Cavitation Vacuum. Treatment sessions are short, there is zero downtime and little to no discomfort!

**How Does Cellulite Reduction with A Cavitation Vacuum Work?**
Cellulite Reduction with A Cavitation Vacuum uses infrared vacuum roller technology, which combines infrared light, bipolar radiofrequency energy, and a vacuum. This combination causes the deep heating of fat cells, surrounding connective tissue, and the underlying fibers.

This type of heating alters fat cells from a solid state to a liquid. Furthermore, it also stimulates the growth of new collagen. To get the best results in a localized improvement in skin elasticity, fat content, and an overall improvement in skin texture, multiple sessions may be needed.

**Are There Side Effects?**
Side effects include increased thirst, redness or irritation of the skin, and possible bruising. These effects are mild in nature and are temporary.

**Are There Side Effects with The Ultra Femme 360™?**
The Ultra Femme 360™ is a non-surgical procedure with no reported side effects. By using a low temperature, the risk of infection is minimal. There is little to no discomfort during the procedure. Best of all, no downtime is required.

**Ask Dr. Mirza for Pricing**

**Ask Dr. Mirza for More Information**
Have you or your partner struggled with erectile dysfunction in the past? Or, have you been fighting with premature ejaculation? These conditions are common and easily solvable. Thus, this section includes a variety of sexual services that are designed to be as pain-free as possible and cost-effective.

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Have Any Questions?
Scan the code to visit our site or ask Dr. Mirza at (973) 493-7607
Male Enhancement
with Dermal Fillers

What Is Male Enhancement with Dermal Fillers?
Many men across the globe require a simple increase in their endowment without requiring additional treatment for erectile dysfunction or increased virility. Reasons range from purely aesthetic to desiring enhancement in sexual function and sensation. Regardless of the goal, simple male enhancement can be achieved with dermal fillers.

How Does Male Enhancement with Dermal Fillers Work?
Consistent with other nonsurgical procedures that use dermal fillers, male enhancement works by way of injection. Depending on the patient’s goals, a filler is chosen and then injected into the corpus cavernosa of the penis. The filler is then worked through the penis to achieve a uniform increase in length and girth.

Dermal fillers are an excellent option for male enhancement because they require no downtime and patients can return to sexual activity the same day. Fillers are less of a risk than surgery and, because they are temporary, carry no long-term undesired effects.

Are There Side Effects?
Side effects may include swelling, redness, bruising, and pain, as is typical with an injection. Allergic reactions are rare. Losses in size and girth may occur in those whose body’s rapidly absorb the filler.

Ask Dr. Mirza for Pricing
The P-Shot
PRP Penile Rejuvenation

What Is the P-Shot?
The P-Shot is an incredible nonsurgical procedure for male enhancement that offers immediate results. Namely, increased size, increased circulation, strengthening and straightening, and increased sensation and pleasure.

How Does The P-Shot Work?
The P-Shot is a PRP (platelet rich plasma) based injection. Blood is drawn from the arm and put in a centrifuge where platelets are then separated out. These platelets release growth factors which create the basis for male enhancement.

After lidocaine is applied to numb the penis, the drawn platelets are injected.

Are There Side Effects?
Side effects include minimal: lumpiness, swelling, redness, bruising, and pain as is typical with an injection.

Ask Dr. Mirza for More Information ■

The O-Shot
PRP Vaginal Rejuvenation

What Is The O-Shot?
The O-Shot, or Orgasm Shot, is a great nonsurgical procedure which stimulates cell growth and rejuvenates the vagina. Women who receive the O-Shot report greater clitoral arousal, smoother vulva, stronger and more frequent orgasms, and a higher sex drive.

How Does The O Shot Work?
The O-Shot is a PRP (platelet rich plasma) based injection, meaning the injected material is derived from your own body fluid. The platelets release growth factors which create the basis for female sexual enhancement.

After numbing the area with an anesthetic cream, a very thin needle is used to inject growth factors into the clitoris and into the upper vagina—an important area for sexual response.

Ask Dr. Mirza For Pricing ■
The SexR Shot™
Labial & Clitoral PRP Rejuvenation

What is The SexR Shot™?
Aging, giving birth, and other factors contribute to changes in the vagina and surrounding labia. The SexR Shot™ is a great nonsurgical procedure which uses platelet-rich plasma (PRP) to stimulate cell growth and rejuvenate the vagina. The SexR Shot™ is designed to rejuvenate the genital exterior, providing enhanced appearance and sexual stimulation.

How Does The Procedure Work?
The SexR Shot™ is a PRP (platelet rich plasma) based injection, meaning the injected material is derived from your own body fluid. Blood is drawn from the arm and put in a centrifuge, where platelets are then separated out. These platelets release growth factors which create the basis for female sexual enhancement.

Are There Side Effects?
Side effects may include swelling, redness, bruising, and pain as is typical with an injection.

Botox® for Vaginism

How Does Botox® for Vaginismus (Vaginism) Work?
Botox® is injected with a fine needle into the muscles just under the skin. The procedure does not require anesthesia, resulting in only minor discomfort. In general, you may notice results within a day or two but the full effect takes up to 2-3 weeks to show. Results will last 4-6 months before a repeat treatment is recommended.

Is Botox® for Vaginismus (Vaginism) Right For Me?
Only you know what’s right for you, so, it’s important to discuss treatment and expectations with your doctor. During a consultation, they will determine if Botox® for Vaginismus (Vaginism) is right for you.

Ask Dr. Mirza for More Information
Treatment for ED

Put the past behind you and put passion back into your sex life! Men have a variety of options to choose from, including:

**Viagra® | Sildenafil**
Viagra® is the world’s leading prescription medicine to help men cope with impotence. Viagra® uses Sildenafil, its key ingredient to restore potency to the penis, giving you the opportunity to erase erectile dysfunction from your sex life.

Sildenafil and Viagra® perform the the same function in the body, have the same rate of efficacy, carry the same side effects, and are subject to the same contraindicatorial restrictions. Except that Sildenafil is available at a fraction of the cost!

**Cialis® | Tadalafil**
The key ingredient in Cialis® is Tadalafil. This drug is a potent phenomenon created exclusively for men struggling with erectile dysfunction. Tadalafil relaxes muscles and increases blood flow to particular areas of the body. Tadalafil is an essential tool for men looking for relief from impotence.

Cialis® and Tadalafil have the same potency, side effects, and do the same job. Even better, Tadalafil is offered at a fraction of the cost!

**Trimix® Injections**
When other methods, as well as lifestyle changes, and supplements don’t work, Trimix® is a viable option for erectile dysfunction. The combination gel, includes three different drugs—alprostadil, papaverine and phentolamine—and is available as an injectable. All three can be administered as one single erectile dysfunction injection.

**What Are the Side Effects?**
If used incorrectly, these prescription medicines may have serious side effects. Including severe dizziness, vomiting, chest pain, heart attack, redness in the eyes, and skin rashes. In the unlikely event of any of these symptoms, seek professional help immediately. Serious effects are rare, and are often the result of mismanagement in dosage.
What Is Premature Ejaculation?
Premature ejaculation is a common sexual dysfunction in men, particularly those between 18 and about 40 years of age. Premature ejaculation can be defined as the occurrence of ejaculation sooner than hoped for by one or both sexual partners.

Premature ejaculation can be experienced as ejaculation before, upon or shortly after penile penetration of a sexual partner. If instances of premature ejaculation are few and far between, then it may not be a cause for concern. However, if premature ejaculation occurs during every sexual encounter, then treatment of the condition is to be warranted.

How Does Botox® For Premature Ejaculation Work?
Botox® temporarily relaxes the muscles by disrupting the signaling between nerves and muscles at the injection site.

Ask Dr. Mirza for More Information ■

Botox® For Penis Shrinkage

How Botox® For Hyperactive Retraction Reflex Works
Botox® stops the muscle at the base of the penis from contracting, which stops the shrinking effect. The process provides you the appearance of a larger flaccid penis. A procedure like this works best if you desire to be a “shower” more than a “grower.” However, it is important to note that this treatment modifies the appearance of the penis only in the flaccid state. What’s more, this solution is temporary—lasting up to six months—so follow-up treatments may be necessary.

The Side Effects
As with all procedures that involve an injection through the skin, there is a risk of infection, redness, bruising, or swelling at the injection site.

Ask Dr. Mirza for More Information ■
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